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### 6. ANALYTICAL METHODS

The purpose of this chapter is to describe the analytical methods that are available for detecting, and/or measuring, and/or monitoring ethylbenzene, its metabolites, and other biomarkers of exposure and effect to ethylbenzene. The intent is not to provide an exhaustive list of analytical methods. Rather, the intention is to identify well established methods that are used as the standard methods of analysis. Many of the analytical methods used for environmental samples are the methods approved by federal agencies and organizations such as EPA and the National Institute for Occupational Safety and Health (NIOSH). Other methods presented in this chapter are those that are approved by groups such as the Association of Official Analytical Chemists (AOAC) and the American Public Health Association (APHA). Additionally, analytical methods are included that modify previously used methods to obtain lower detection limits, and/or to improve accuracy and precision.

## **6.1 BIOLOGICAL SAMPLES**

Ethylbenzene can be determined in biological fluids and tissues and breath using a variety of analytical methods. Representative methods are summarized in Table 6-1. Most analytical methods for biological fluids and tissues use headspace gas chromatographic (GC) analysis. Breath samples are usually collected on adsorbent traps or in sampling bags or canisters, then analyzed by GC.

The headspace method involves equilibrium of volatile analytes such as ethylbenzene between a liquid or solid sample phase and the gaseous phase. The gaseous phase in then analyzed by GC. There are two main types of headspace methodology: static (equilibrium) headspace and dynamic headspace which is usually called the "purge-and-trap" method (Seto 1994). The static headspace technique is relatively simple, but may be less sensitive than the purge-and-trap method. The purge-and-trap method, while providing increased sensitivity, requires more complex instrumentation and may result in artifact formation (Seto 1994). Packed columns and capillary columns are used for chromatographic separation, followed by identification and quantitation using various detectors; flame ionization detection (FID) and mass spectrometry (MS) are used most often. Other sample preparation method have been used, but less frequently. Solvent extraction permits concentration, thereby increasing sensitivity, but the extraction solvent can interfere with analysis. Direct aqueous injection is a very rapid method, but sensitivity is low and matrix effects can be a serious problem.

Table 6-1. Analytical Methods for Determining Ethylbenzene in Biological Samples

Sample matrix	Sample preparation	Analytical method	Sample detection limit	Percent recovery	Reference
Whole blood	Purge and trap	cap. GC/MS	0.015-0.020 ppb	114–118	Ashley et al. 1992, 1994
Blood	Direct analysis via inertial spray extraction interface	GC/MS	<1 ppb	No data	St-Germain et al. 1995
Blood	Automated head space	cap. GC/FID	0.002 μg/mL	90–110 (estimated)	Otson and Kumarathasan 1995
Blood	Dynamic headspace	cap GC/FID	50 ng/L (calculated)	39	Fustinoni et al. 1996
Urine	Purge and trap	cap. GC/MS	No data	64–123 for model compounds	Michael et al. 1980
Urine	Dynamic headspace	cap. GC/FID	50 ng/L (calculated)	61	Fustinoni et al. 1996
Mother's milk	Purge and trap	cap. GC/MS	No data	35–88 for model compounds	Michael et al. 1980
Brain tissue (post mortem)	Modified headspace (full evaporation technique)	cap. GC-ITD	0.038 nmoles/sample	80–120	Schuberth 1996
Fat tissue	Add saline; freeze; thaw to 0 °C prior to analysis; add CS <sub>2</sub> ; inject into GC	GC/FID; conf. GC/MS	No data	No data	Wolff et al. 1977
Adipose tissue	Purge and trap	cap. GC/MS	No data	13–80 for halogenated hydrocarbons	Michael et al. 1980
Breath	Collection via spirometer into passivated canisters	cap. GC/MS	low μg/m³ levels	77–82	Thomas et al. 1991
Breath	Collection via spirometer onto charcoal traps; microwave desorption	cap. GC/MS- SIM	0.2 μg/m³ (1 L sampled)	No data	Riedel et al. 1996

cap. = capillary; conf. = confirmation; FID = flame ionization detector; GC = gas chromatography; HPLC = high performance liquid chromatography; ITD = ion trap detector; MS = mass spectrometry; SIM = selected ion monitoring

A spirometer is usually used for the collection of breath samples. The device is used to provide clean air for inhalation and a mechanism for pumping exhaled breath into the collection media (Pellizzari et al. 1985). The breath samples are collected into Tedlar bags with subsequent adsorption onto Tenax traps (Pellizzari et al. 198.5) or into passivated stainless steel canisters (Thomas et al. 1991). The Tenax traps are analyzed by thermal desorption GC techniques, and canister samples are analyzed by GC as well.

A sensitive and reliable method for identification and quantitation of ethylbenzene in samples of whole blood taken from humans following exposure to volatile organic compounds (VOC) has been developed by Ashley and coworkers at the Centers for Disease Control and Prevention (Ashley et al. 1992, 1994). The method involves purge-and-trap of a 10 mL blood sample with analysis by capillary GC/MS. Anti-foam procedures were used, as well as special efforts to remove background levels of VOCs from reagents and equipment (Ashley et al. 1992). The method is sensitive enough (ppt levels) to determine background levels of VOCs in the population and provides adequate accuracy (114-1 18% recovery) and precision (16-44% RSD) for monitoring ethylbenzene in the population.

Few methods are available for the determination of ethylbenzene in body fluids and tissues other than blood. A modified dynamic headspace method for urine, mother's milk, and adipose tissue has been reported (Michael et al. 1980). Volatiles swept from the sample are analyzed by capillary GC/FID. Acceptable recovery was reported for model compounds, but detection limits were not reported (Michael et al. 1980). Ethylbenzene in brain tissue may be determined using a headspace, capillary/ion trap detector (ITD) technique (Schuberth 1996). Recovery was good (80-120%) as was precision (≈20% RSD); the detection limit was reported as 4 ng/sample (0.038 nmoles) (Schuberth 1996).

Sensitive, reliable methods are available for measuring ethylbenzene in breath. Exhaled breath is collected using a spirometer. The exhaled breath is collected into Tedlar bags for later transfer to adsorption tubes (Wallace et al. 1982), into passivated canisters (Thomas et al. 1991), or directly onto adsorbent traps (Riedel et al. 1996). The spirometer system, using adsorption onto Tenax traps and analysis by thermal desorption/capillary GC/MS techniques, was field-tested over the course of a very large exposure study (Wallace 1987). The quantitation limit was =  $1 \mu g/m^3$ , recovery was 91-100%, and the precision for duplicate samples was 130% RSD (Wallace 1987). Advances in the methodology include development of a more compact system with collection in 1.8 L canisters (Thomas et al. 1992). Recovery of ethylbenzene is 92-104%, precision for duplicate samples is <3% RSD, and the detection limit was estimated as 3  $\mu g/m^3$ 

for ethylbenzene (Thomas et al. 1992). Further modifications have resulted in a suitcase size breath sampling device (Raymer et al. 1994). Some testing has been conducted, but performance data are not available.

## **6.2 ENVIRONMENTAL SAMPLES**

Methods are available for determining ethylbenzene in a variety of environmental matrices. A summary of representative methods is shown in Table 6-2. Validated methods, approved by agencies and organizations such as EPA, ASTM, APHA and NIOSH, are available for air, water, and solid waste matrices. Gas chromatography is the most widely used analytical technique for quantifying concentrations of ethylbenzene in environmental matrices. Various detection devices used for GC include the FID, MS, and the photoionization detector (PID). Because of the complexity of the sample matrix and the usually low concentrations of volatile organic compounds (VOCs) in environmental media, sample preconcentration is generally required prior to GC analysis. Air samples may be collected and concentrated on adsorbent or in canisters for subsequent analysis. Methods suitable for determining trace amounts of ethylbenzene in aqueous and other environmental media include three basic approaches to the pretreatment of the sample: gas purge-and-trap technique, headspace gas analysis, and extraction with organic solvent.

Gas purge-and-trap is the most widely used method for the isolation and concentration of VOCs in environmental samples (Lesage 1993). The purge-and-trap technique offers advantages over other techniques in that it allows facile isolation and concentration of target compounds, thereby improving overall limits of detection and recovery of sample. Detection limits of less than 1 µg of ethylbenzene per liter of sample have been achieved (APHA 1995c; EPA 1984c, 1991a, 1991e, 1992). A serious drawback of this technique, particularly for quantitative analysis, is interference by impurities found in the stripping gas (EPA 1994c).

A purge-and-trap method with GC/FID analysis (Otson and Williams 1982) or GC/MS (Otson and Chan 1987) has been reported for the analysis and quantitation of ethylbenzene in environmental samples. Detection limits of  $<0.1 \mu g/L$  for GC/FID analysis and  $0.1 \mu g/L$  were reported. Accuracy was also good, 74-88% (Otson and Chan 1987; Otson and Williams 1982).

Table 6-2. Analytical Methods for Determining Ethylbenzene in Environmental Samples

Sample preparation	Analytical method	Sample detection limit	Percent recovery	Reference
Collection on charcoal adsorbent tube; desorption with CS <sub>2</sub>	GC/FID	0.001-0.01 mg/sample <sup>a</sup>	Bias -7.6%	NIOSH 1994 (NIOSH Method 1501)
Collection on Tenax adsorbent; thermal desorption	cap. GC/MS	20 ng estimated <sup>a</sup>	No data	EPA 1988e (Method TO-1)
Collection in passivated stainless steel canisters	cap. GC/MS or PID or FID	No data	No data	EPA 1988f (Method TO-14)
Collection on Tenax adsorbent; thermal desorption	cap. GC/MS	2 ngª	No data	Pellizzari et al. 1993 (IARC Method 6)
Collection in canisters	GC/MS	0.2 ppbv	bias -8.1%	McClenny and Fortune 1995 (CLP Method)
Collection on multisorbent traps; automated preconcentration	cap. GC/MS	0.036 ppbv	102	Oliver et al. 1996
Collection on multisorbent traps; thermal desorption with modified cryofocussing	cap. GC/FID	0.25 ppbv	98	Oliver et al. 1996
Collection on Tenax acsorbent; thermal desorption	GC/MS	0.05–0.2 μg/m³	No data	Kostianinen 1994
Collection on Tenax or multisorbent traps; thermal desorption	cap. GC/MS-SIM	No data	No data	Lawryk and Weisel 1996
Collection on adsorbent traps using probe; thermal desorption	cap. GC/FID	0.05 µg/m³ (est.)	No data	Jay and Stieglitz 1995
Collection on charcoal traps; desorption with CS <sub>2</sub>	cap. GC/FID	No data	No data	Wadden et al. 1995
Collection on multisorbent traps; thermal desorption	PLOT col. GC/MS	No data	No data	Barrefors and Petersson 1993
	Collection on charcoal adsorbent tube; desorption with CS <sub>2</sub> Collection on Tenax adsorbent; thermal desorption  Collection in passivated stainless steel canisters  Collection on Tenax adsorbent; thermal desorption  Collection in canisters  Collection on multisorbent traps; automated preconcentration  Collection on multisorbent traps; thermal desorption with modified cryofocussing  Collection on Tenax acsorbent; thermal desorption  Collection on Tenax or multisorbent traps; thermal desorption  Collection on adsorbent traps using probe; thermal desorption  Collection on charcoal traps; desorption with CS <sub>2</sub> Collection on multisorbent traps;	Collection on charcoal adsorbent tube; desorption with CS <sub>2</sub> Collection on Tenax adsorbent; thermal cap. GC/MS desorption  Collection in passivated stainless steel cap. GC/MS or PID or FID  Collection on Tenax adsorbent; thermal cap. GC/MS desorption  Collection in canisters  GC/MS  Collection on multisorbent traps; cap. GC/MS automated preconcentration  Collection on multisorbent traps; thermal desorption with modified cryofocussing  Collection on Tenax acsorbent; thermal GC/MS desorption  Collection on Tenax or multisorbent cap. GC/MS-SIM traps; thermal desorption  Collection on adsorbent traps using probe; thermal desorption  Collection on charcoal traps; cap. GC/FID  Collection on charcoal traps; cap. GC/FID  Collection on multisorbent traps; PLOT col.	Collection on charcoal adsorbent tube; desorption with CS₂ collection on Tenax adsorbent; thermal cap. GC/MS cap. GC/MS or PID or FID  Collection in passivated stainless steel canisters cap. GC/MS or PID or FID  Collection on Tenax adsorbent; thermal cap. GC/MS or PID or FID  Collection in canisters cap. GC/MS 2 ng²  Collection in canisters GC/MS 0.2 ppbv  Collection on multisorbent traps; cap. GC/MS 0.036 ppbv  Collection on multisorbent traps; cap. GC/FID 0.25 ppbv  Collection on Tenax acsorbent; thermal desorption with modified cryofocussing  Collection on Tenax acsorbent traps cap. GC/MS 0.05–0.2 μg/m³ desorption  Collection on Tenax or multisorbent traps; thermal desorption  Collection on adsorbent traps using probe; thermal desorption  Collection on charcoal traps; cap. GC/FID No data  Collection on multisorbent traps; cap. GC/FID No data	Collection on charcoal adsorbent tube; GC/FID

Table 6-2. Analytical Methods for Determining Ethylbenzene in Environmental Samples (continued)

Sample matrix	Sample preparation	Analytical method	Sample detection limit	Percent recovery	Reference
Drinking water	purge and trap	GC/PID	0.01–0.04 μg/L	98101	EPA 1991d (EPA Method 502.2)
Drinking water	purge and trap	GC/PID; conf. on second column or GC/MS		93	EPA 1991e (EPA Method 503.1)
Drinking water	purge and trap	GC/MS	1–2 μg/L	No data	EPA 1991f (EPA Method 524.1)
Drinking water	purge and trap	cap. GC/MS	0.06 μg/L	96–99	EPA 1992 (EPA Method 524.2)
Drinking water	purge and trap	GC/FID or GC/MS	low µg/L	84–114	ASTM 1994a (ASTM Method D 3871)
Drinking water	direct injection	GC/FID	~1 mg/L	No data	ASTM 1994b (ASTM Method D 2908)
Wastewater	purge and trap	GC/PID; conf. on second column	0.2 μg/L	98	EPA 1984c (EPA Method 602)
Wastewater	purge and trap	GC/MS	7.2 μg/L	100–103	EPA 1984d (EPA Method 624)
Water	closed-loop stripping	cap. GC/MS	50 ng/L (instrumental)	No data	APHA 1995a (Method 6040B)
Wastewater	purge and trap	GC/MS	7.2 μg/L		APHA 1995b (Method 6210B)
Wastewater	purge and trap	GC/PID; conf. on second column or GC/MS		93	APHA 1995c (Method 6220B)
Wastewater	purge and trap	GC/PID	0.01–0.05 μg/L	93	APHA 1995d (Method 6220C)
Solid waste	direct injection or purge and trap	cap. GC/PID	~1 µg/L (soil, sediment); ~0.1 mg/kg (wastes)	101	EPA 1994d (SW846 Method 8021A)
Solid waste	purge and trap	cap. GC/PID	~1 µg/L (soil, sediment); ~0.1 mg/kg (wastes)	101	EPA 1995a 9SW846 Method 8021B proposed)

Table 6-2. Analytical Methods for Determining Ethylbenzene in Environmental Samples (continued)

Sample matrix	Sample preparation	Analytical method	Sample detection limit	Percent recovery	Reference
Solid waste	purge and trap	cap. GC/MS	~5 µg/kg (soil, sediment)	99	EPA 1994e (SW846 Method 8260A)
Solid waste	various options including purge and trap, headspace, closed system vacuum distillation	cap. GC/MS	purge and trap: ~5 μg/kg (soil and sediment); ~ 0.5 mg/kg (wastes)	90-112 (purge and trap)	EPA 1995b (SW846 Method 8260B, proposed)
Plant foliage	Solvent extraction; filtration	cap. GC/SM-SIM	50 pg/µL extract	No data	Keymuelen et al. 1991
Fish	Solvent extraction; cleanup on florisil column; solvent microextraction	GC/FID	5 μg/g <sup>b</sup>	98–102	Karasek et al. 1987
Fish and sedi- ment	Homogenization; freezing and vacuum extraction	cap. GC/MS	25 ppb <sup>b</sup>	Sediments, 97 recovery; fish, 76% average for all analytes	Hiatt 1981, 1983
Eggs	head space	cap. GC/PID; conf. by GC/MS	0.002 μg/mL	94 (white); 49 (whole); 21 (yolk)	Stein and Narang 1990
Fruits and vegetables	Solvent extraction; filtration	cap. GC/MS-SIM	No data	No data	Górna-Binkul et al. 1996
Olives and olive oil	Headspace	cap. GC/MS	Low µg/kg levels	No data	Biedermann et al. 1995
Cooked meat	Azeotropic distillation using Kilens- Nickerson estractor	cap. GC/MS	6 μg/kg	No data	Gramshaw and Vandenburg 1995
Food containers (polystyrene)	incubation with DMF; headspace	cap. GC/FID; conf. GC/MS	10 ppm	96–102	Sugita et al. 1995

<sup>&</sup>lt;sup>a</sup> Sample detection limit will depend upon volume sampled. Value is estimated instrumental detection limit.

cap. = capillary; conf. = confirmation;  $CS_2$  = carbon disulfide; DMF = dimethylformamide; FID = flame ionization detector; GC = gas chromatography; MeOH = methanol; MS = mass spectrometry; PID = photoionization detector; SIM = selected ion monitoring; UV = ultraviolet spectrophotometry

<sup>&</sup>lt;sup>b</sup> Method detection limits were not provided; estimates cited are based on lowest concentrations used for method performance evaluation.

Extraction with organic solvents (liquid-liquid extraction) provides a simple, rapid screening method for semi-quantitative determination of ethylbenzene in aqueous samples containing limited number of VOCs, but is less effective for aqueous samples containing large numbers of VOCs. Furthermore, interference from the organic extraction solvent (hexane) makes it more difficult to completely identify all components (Karasek et al. 1987; Otson and Williams 1981).

Ethylbenzene may be determined in occupational air using collection on multisorbent cartridges, solvent desorption and analysis by GC/FID (NIOSH 1994). Accuracy is very good (-7.6% bias); detection limits depend upon the amount of air sampled. Ambient air samples may also be collected on adsorbent traps (EPA 1988e; Pellizzari et al. 1993) or in stainless steel canisters (EPA 1988f; McClenny and Fortune 1995). Recovery for Tenax traps is very good, ranging from 91 to 100% (Wallace 1987). Little information on accuracy is available for multisorbent traps, but good recovery (102%) has been reported (Oliver et al. 1996a). Bias of -8.1% for canister collection has been reported (McClenny and Fortune 1995). Detection limits depend upon the amount of air sampled, but values in the sub-ppb range have been reported (Kostiainen 1994; McClenny and Fortune 1995; Oliver et al. 1996a, 1996b).

Purge-and-trap methodology is used most often for determination of ethylbenzene in water and hazardous wastes (Lesage 1993). The method was developed by Bellar and Lichtenberg (1974) for waste water. An inert gas is bubbled through the sample to strip out volatile components. The analytes in the gas stream are adsorbed onto sorbent traps, then thermally desorbed into the GC column. Very low detection limits for drinking water are reported for the purge-and-trap method with GC/PID (0.002-0.04 μg/L) (EPA 1991a, 1991e). Accuracy is very good (93-101% recovery) (EPA 1991a, 1991e). While the method is quite selective; confirmation using a second GC column or GC/MS is recommended (EPA 1991e). A sensitive (0.06 μg/L) and reliable method (96-99% recovery; <10% RSD) for drinking water uses capillary column GC/MS (EPA 1992a). Purge-and-trap methodology with analysis by GC/PID or GC/MS is used for waste waters (APHA 1995b, 1995c, 1995d; EPA 1984c, 1984d). The detection limits are lower for GC/PID (0.2.μg/L) (EPA 1984c) than for GC/MS (7.2 μg/L) (EPA 1984b), but confirmation on a second column is recommended (EPA 1984c) when PID is used. Recovery and precision are very good (98-103% recovery; <10% RSD) (EPA 1984c, 1984d).

Soil, sediment, and solid waste samples are difficult to analyze. Volatilization during sample handling and homogenization can result in ethylbenzene losses. The wet sample is usually dispersed in a solvent, then

added to water for purge-and-trap/GC analysis (EPA 1994c). Capillary GC/PID or GC/MS analysis provides detection limits in the low ppb range for soil and sediment and in the sub-ppm range for solid wastes (EPA 1994d, 1994e, 1995a, 1995b).

Few methods are available for the determination of ethylbenzene in fish and biota. A method for the determination of ethylbenzene in fish at low ppm levels using solvent extraction with GC/FID analysis has been reported (Karasek et al. 1987). A procedure to identify and quantify ethylbenzene in fish samples by vacuum distillation with capillary column GC/MS has been reported (Hiatt 1981, 1983). Recovery of 98-102% from spiked fish tissue was reported, but detection limits were not reported (Hiatt 1981). Purgeand-trap/capillary GC/MS has also been used for the determination of ethylbenzene in fish. Performance data for fish tissue samples were not reported (Dreisch and Munson 1983).

Few methods are available for the determination of ethylbenzene in food. Available methods involve solvent extraction (Goma-Binkul et al. 1996), headspace purge (Biedermann et al. 1995), and azeotropic distillation (Gramshaw and Vandenburg 1995) followed by capillary GC/MS or GC/PID analysis. Detection limits are in the low pg/kg range (Biederman et al. 1995; Gramshaw and Vandenburg 1995). Little performance data are available. Recoveries of 21% (egg yolk) to 94% (egg white) were reported for headspace/capillary GC/PID analysis of eggs (Stein and Narang 1990).

Screening methods and field-portable methods may be useful analytical tools. Soil screening for petroleum hydrocarbons, including ethylbenzene, can be conducted using immunoassay procedures. Sensitivity is in the ppm range (EPA 1995c). Solid phase microextraction (SPME) has been tested as a screening method for water (Shirey 1995). The method is used in conjunction with capillary GC techniques. Portable GCs have been used for field monitoring of air (Berkley et al. 1991), water (Driscoll and Atwood 1993), soil (Driscoll and Atwood 1993), and hazardous waste (Overton et al. 1995). There are several studies which compare portable GC methods with laboratory methods (Berkley et al. 1991; Driscoll and Atwood 1993). A thorough discussion of the strengths and problems of portable GC methods is available (Berkley et al. 1996).

## 6.3 ADEQUACY OF THE DATABASE

Section 104(i)(5) of CERCLA, as amended, directs the Administrator of ATSDR (in consultation with the Administrator of EPA and agencies and programs of the Public Health Service) to assess whether adequate information on the health effects of ethylbenzene is available. Where adequate information is not available, ATSDR, in conjunction with the NTP, is required to assure the initiation of a program of research designed to determine the health effects (and techniques for developing methods to determine such health effects) of ethylbenzene.

The following categories of possible data needs have been identified by a joint team of scientists from ATSDR, NTP, and EPA. They are defined as substance-specific informational needs that if met would reduce the uncertainties of human health assessment. This definition should not be interpreted to mean that all data needs discussed in this section must be filled. In the future, the identified data needs will be evaluated and prioritized, and a substance-specific research agenda will be proposed.

### 6.3.1 Identification of Data Needs

Methods for Determining Biomarkers of Exposure and Effect. Exposure to ethylbenzene can be determined by the detection of mandelic acid and phenylglycolic acid in urine or by direct detection of ethylbenzene in human blood. Environmental exposures to ethylbenzene can result in detectable levels in human tissues. Existing methods for the determination of ethylbenzene in blood have the sensitivity necessary (0.008-0.012 ppb) (Ashley et al. 1992) to detect and measure low to trace levels of ethylbenzene in blood that might be present in the general population, as well as concentrations of ethylbenzene that might be associated with specific health effects. Methods for measurement of ethylbenzene in exhaled breath are sensitive enough (low  $\mu g/m^3$ ) (Thomas et al. 1991) to provide background levels of ethylbenzene in the general population as well as to measure exposure. Additional performance information would be helpful, as would further development of a portable breath collection system. Information on levels of ethylbenzene in tissues is limited and the existing methods are not as well characterized. Improvements in the sensitivity of the methods for measuring concentrations of ethylbenzene in tissues and additional performance data would be helpful.

Methods for measuring metabolites and biomarkers for ethylbenzene are shown in Table 6-3. Methods exist for measuring ppm levels of ethylbenzene metabolites in urine (Ogata and Taguchi 1987, 1988; Sollenberg et al. 1985). They are sufficiently sensitive for measuring occupational exposure to ethylbenzene. These analytical methods are reliable and precise, but may not be sensitive enough to measure non-occupational exposure. Improvements in the sensitivity of the methods for measuring concentrations of ethylbenzene in tissues, and improvements in the sensitivity for measurement of metabolites in urine would allow better assessment of the correlation between levels in these media and observed health effects.

No specific biomarkers of effect for ethylbenzene were identified.

# Methods for Determining Parent Compounds and Degradation Products in Environmental

Media. Sensitive methods are available for measuring background levels of ethylbenzene in air, water, and wastes, the media of most concern for exposure of the general population and those populations located near hazardous waste sites. Few methods are available for measuring levels of ethylbenzene in fish, plants and biota. Detection limits in the low ppb range have been reported (Dreisch and Munson 1983; Hiatt 1981; Karasek et al. 1987; Keymuelen et al. 1991), but other performance data are generally lacking. Few methods are available for measuring levels of ethylbenzene in food. Little performance data are available for the available methods. Although several good analytical methods are available for detecting ethylbenzene in some environmental media, validated, reliable methods for measuring ethylbenzene in fish and foods are needed. These would be helpful in evaluating the potential for human exposure and health effects that might result from ethylbenzene contamination.

Methods for detecting environmental degradation products of ethylbenzene in environmental media are summarized in Table 6-4. Although methods are available for detecting major environmental degradation products (1-phenylethanol, acetophenone, benzaldehyde, for example) in reaction mixtures, it is not known whether these methods have the sensitivity and specificity for application to environmental media. Sensitive, reliable methods for determining degradation products in air, water, and waste would be helpful.

Table 6-3. Analytical Methods for Determining Biomarkers of Ethylbenzene in Biological Materials

Sample matrix	Sample preparation	Analytical method	Sample detection limit	Accuracy % recovery	Reference
Urine (MA)	Dilution; centrifugation	HPLC/UV	MA 5 ng injected	MA 100-102	Ogata and Taguchi 1988
Urine (MA and PGA)	MeOH addition; centrifugation	HPLC	PGA 8.5x10³ μg/L MA 10x10³ μg/L	PGA 101 MA 102.6	Ogata and Taguchi 1987
Urine (MA and PGA)	Filtration; solvent extraction; evaporation and dissolution	HPLC/UV	MA, PGA 1.5x10³ μg/L	No data	Sollenberg et al. 1985
Urine (MA and PGA)	Filtration; solvent extraction; evaporation and dissolution	ITP	MA 6.1x10³ μg/L PGA 3.0x10³ μg/L	No data	Sollenberg et al. 1985

HPLC = high performance liquid chromatography; ITP = isotachophoresis; MA = mandelic acid; PGA = phenylglyoxylic acid; UV = ultraviolet (detection)

Table 6-4. Analytical Methods for Determining Environmental Degradation Products of Ethylbenzene

Sample matrix	Sample preparation	Analytical method	Sample detection limit	Accuracy % recovery	Reference
Reaction mixtures	Solvent extraction; concentration	cap. GC/FID	No data	No data	Ehrhardt and Petrick 1984
Reaction mixtures	Centrifugation; solvent extraction; concentration	GC/FID; conf. GC/MS	No data	No data	Fukuda et al. 1989

FID = flame ionization detector; GC = gas chromatography; MS = mass spectrometry

# **6.3.2 Ongoing Studies**

The Environmental Health Laboratory Sciences Division of the National Center for Environmental Health, Centers for Disease Control and Prevention, is developing methods for the analysis of ethylbenzene and other volatile organic compounds in blood. These methods use purge-and-trap methodology, high resolution gas chromatography, and magnetic sector mass spectrometry which gives detection limits in the low parts per trillion (ppt) range.

EPA has initiated a program to identify or develop methods that can be used to measure chemical pollutants in dietary samples collected from individuals. Dr. Linda Sheldon at the Research Triangle Institute is evaluating methods for VOCs, including ethylbenzene, in composite food as a part of this program.

The EPA is conducting a pilot program for comprehensive monitoring of human exposure. The National Human Exposure Assessment Study (NHEXAS) is being conducted in three regions of the United States in order to establish relationships between environmental concentrations, exposure, dose, and health response and to determine the incidence and causes of high exposures, especially for biologically susceptible persons. One of the aims of the pilot study is to test measurement methodology for a variety of pollutants, including ethylbenzene, in air and water. As an adjunct to this pilot study, the EPA and the State of Minnesota are conducting a study of children's exposure to toxic chemicals, including ethylbenzene.